

Team 50 Timesheet

Team Name:

Captain Name:

Captain Mobile & e-mail:

From	To	Stage Dist.km	Cumulative Dist.km	Runner Name	Stage Time		Cumulative Time		
					Mins	Secs	Hours	Mins	Secs
Start	1	1.9	1.9	4 runners					
1	2	3.1	5.0						
2	3	2.9	7.9						
3	4	3.8	11.7						
4	5	2.7	14.4						
5	6	2.1	16.5						
6	7	2.5	19.0						
7	8	4.1	23.1						
8	9	3.5	26.7						
9	8	3.5	30.2						
8	7	4.1	34.3						
7	6	2.5	36.8						
6	5	2.1	38.9						
5	4	2.7	41.6						
4	3	3.8	45.4						
3	2	2.9	48.3						
2	1	3.1	51.4						
1	Finish	1.9	53.3	4 runners					

Use the stage and overall distances as a guide, as distances may vary according to different speedometers. You will have to make the necessary adjustments as you go along. If any of the CP signs are missing then rely on the speedometer reading to judge the end of a stage (or stages) until the next CP sign.

Remember safety is paramount. In hazardous areas runners & cars must slow down to avoid accident.