

IMPORTANT SAFETY INFORMATION

We want you to have great time at the event, and lots of fun, but your safety is our top priority. Please take a moment to read these instructions and keep them in mind, and better yet at hand throughout.

PRECAUTIONS

KEEP HYDRATED

Solo runners especially. The wadi is dry and hot. You are running in an extreme environment.

DRIVE SAFELY

The wadi is narrow at times, so please stay alert. Drive carefully, keeping a safe distance between your vehicle and the other vehicles, and all the more consideration of adequate space and safety towards the runners. Small rocks can be kicked up from your tyres, and might hit anything close by.

DRIVE SLOWLY

Maximum vehicle speed of 30km in wadi to avoid kicking up dust. It's not only unpleasant to run through, but it reduces visibility in the wadi, which could lead to accidents.

IN CASE OF AN EMERGENCY

Assess the situation. If the injury is minor, use team support to transport to nearest marshal point or the ambulance. Ensure safety of incident scene by warning other teams and drivers. Call the Event Management on the numbers listed and try to send a message to the nearest marshal point by communicating:

- Your name and position
- The location of the incident (by approximate distance to the Check Points or distinguishable landmark)
- The nature of incident, stating the facts
- Wait for instructions from the Absolute Adventure Marshalls or Event Management



Event Management Emergency Contact Number

+971 52 645 3581

+968 71 744 970

+968 71 187 462

Marshalls will be at Checkpoints 1,4,9,12 & Ziggy turn around point

Marshalls will be wearing yellow vests and positioned with the yellow Absolute Adventure vehicles. The Marshalls are well trained to provide first aid in the wadi and they carry equipment for more serious injuries. Please follow their advice on the best course of action.

