

## Important safety information

We want you to have a great time at the event, but your safety is our top priority. Please take a moment to read these instructions and keep them in mind, and better yet at hand throughout the race.

Support stations for Solo runners would be at **Checkpoints 2, 4, 6, 8, and 10.**

### Precautions:

#### Keep Hydrated

Solo runners especially, the wadi and course are dry and hot. You would be running in an extreme environment.

#### Drive safely

The Wadi and some of the pathways on the route are narrow at times, stay alert and drive carefully

#### Drive slowly

The maximum vehicle speed of 30 KM/Hr in the wadi to avoid kicking up dust. It's not only unpleasant to run through, but it also reduces visibility in the wadi, which could lead to accidents.

### In case of emergency:

#### Assess the situation

If the injury is minor, use team support to transport to near marshal point or to the ambulance. Ensure the safety of the incident scene by warning other teams and drivers.

#### Emergency contacts

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